



**INDUS**

DEVELOPMENT FOUNDATION

# CHANGING THE PARADIGM OF HEALTHCARE DELIVERY IN PAKISTAN

# INDUS HOSPITAL & HEALTH NETWORK

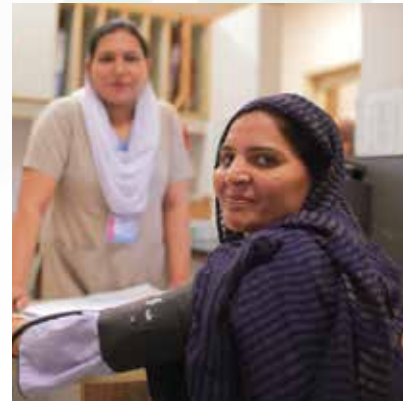
## COMPASSION. EXCELLENCE. INTEGRITY

Indus Hospital & Health Network (IHHN) provides quality healthcare absolutely free of cost to millions of deserving patients since 2007 through its countrywide network of hospitals and health facilities in Pakistan.

Starting with only one hospital in Karachi, IHHN is now managing multiple Tertiary & Secondary Care Hospitals, Physical Rehabilitation Centers, Regional Blood Centers, Container-Based Community Health Centers, and Public Health Initiatives spread across Pakistan.

IHHN's vision is to create an excellence-driven, comprehensive, compassionate, free of charge, replicable healthcare system accessible to all.

To achieve its vision, IHHN is partnering with individuals, corporates, international donor agencies, educational institutions, and provincial & federal governments of Pakistan.



## OUR REACH

**10**  
HOSPITALS

**4**  
REGIONAL  
BLOOD CENTERS

**4**  
PHYSICAL  
REHABILITATION CENTERS

**PRIMARY CARE PROGRAMS &  
PUBLIC HEALTH INITIATIVES  
ACROSS PAKISTAN**



### KEY:

10 Hospitals

4 Rehabilitation Centers


4 Regional Blood Centers

Public Health Initiative Sites

Primary Care Clinics

# OUR IMPACT

MORE THAN  
**16,000**  
ANGIOGRAPHIES &  
ANGIOPLASTIES PERFORMED


MORE THAN   
**633,000**  
BLOOD DONATIONS  
RECEIVED FROM  
VOLUNTARY DONORS

MORE THAN  
**6 M**  
PATIENTS BENEFIT  
PER YEAR

  
MORE THAN  
**20,000**  
PATIENTS RECEIVED  
PROSTHETIC/ORTHOTIC DEVICES

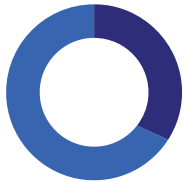
MORE THAN  
**1 M**  
LIVES IMPACTED THROUGH  
PUBLIC HEALTH INTERVENTIONS

MORE THAN  
**113,000**  
INDIVIDUALS SCREENED  
FOR DEPRESSION & ANXIETY

MORE THAN  
**12,000**   
CHILDREN TREATED  
FOR CANCER & BLOOD DISEASES

Excellence-driven | Compassionate | Comprehensive | Accessible

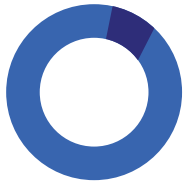
# HEALTHCARE CRISIS IN PAKISTAN



**36.4%**

Population is below the Poverty Line\*

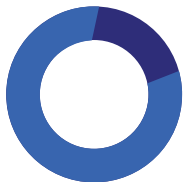
Pakistan is the 5th most populous country in the world with more than 220 million people residing in it. Despite these numbers, only 3% of the total GDP is spent on improving the health sector.



**3%**

GDP spent on improving the Health Sector

Pakistan not only faces a limited provision of health facilities but various structural issues within it. For example, only 0.6 beds are available per 1,000 people, with only 11.6 doctors for 10,000 people. Therefore, IHHN has stepped up to improve the healthcare delivery system throughout Pakistan.

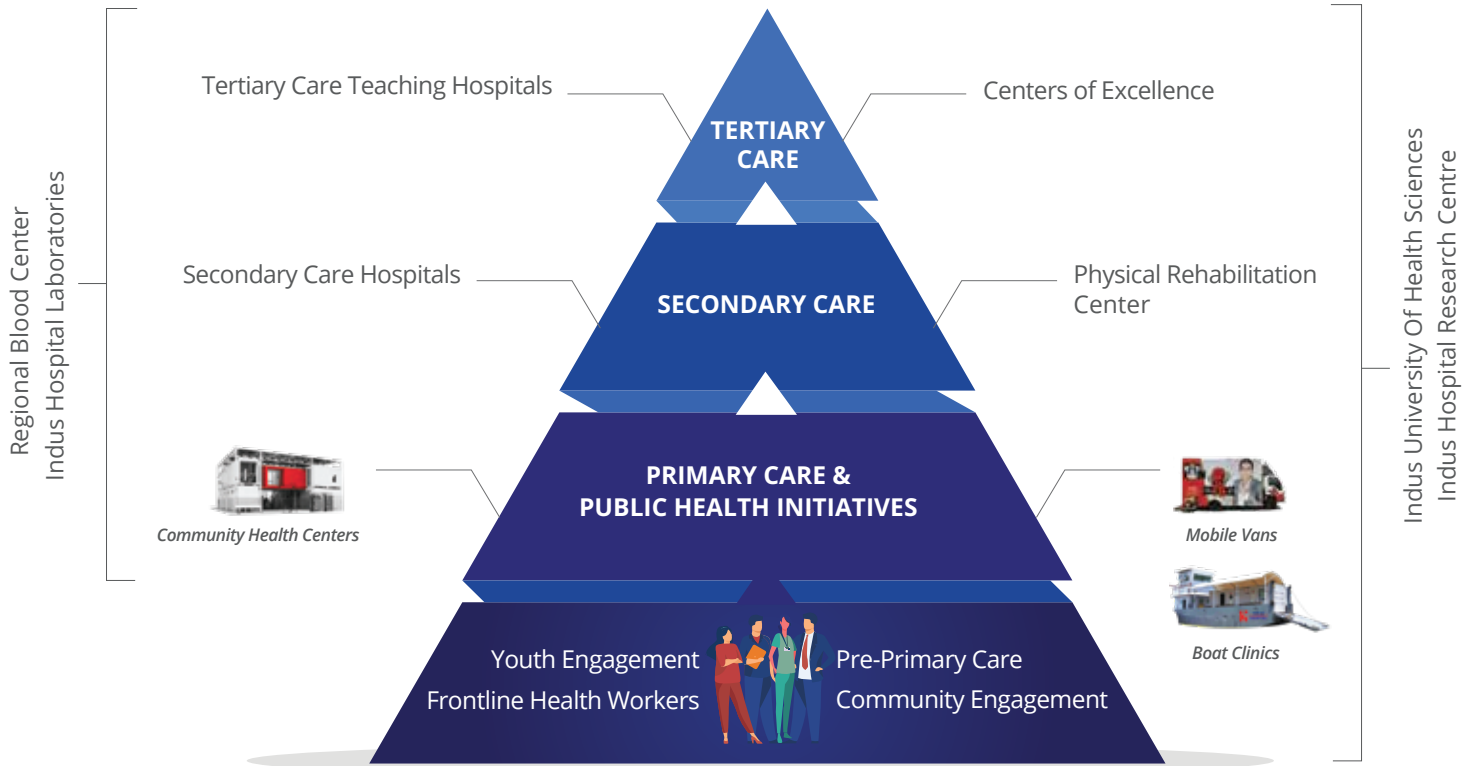


**5.7%**

Infant Mortality Rate



# IHHN'S INTERVENTION



# GLOBAL HEALTH PROGRAM

## MATERNAL & CHILD HEALTH



Nutrition



Family  
Planning



Childhood  
Immunizations



Antenatal  
Care



Midwifery



IMNCI



Lactation  
Management



Childhood  
Pneumonia

## NON-COMMUNICABLE DISEASES



Eye Care



Mental Health



COPD



Heart Disease



Diabetes Care



Tobacco Cessation

Not-for-profit | Ethical | Humanitarian | Responsible | Passionate

## INFECTIOUS DISEASES



TB



Malaria



HCV



HIV

## NEGLECTED TROPICAL DISEASES



Deworming



Rabies



Snake Bite

## GLOBAL SURGERY



Safe Surgery



Clubfoot



Circumcision

## WASH



Water



Sanitation



Hygiene

Non-political | Paperless | Indiscriminate | Cashless | Transparent

# OUR STORIES

## SURVIVING CANCER

“After being turned down by several hospitals, Aisha and her parents arrived at The Indus Hospital (TIH), Korangi Campus in Karachi after their daughter was diagnosed with blood cancer.

Aisha's story was unique. When she was diagnosed with the disease, she was 17 years old — making her ineligible for treatment at a private cancer hospital in Lahore — while at TIH, she was overage for the cancer program. “We were depressed to hear the news and had lost all hope to see our daughter alive. But then a miracle happened, and the consulting physician said they would take her in for treatment,” said Aisha's mother. Aisha's treatment had its ups and downs



– sometimes she would be happy while other days depressed. But the doctors kept our hopes high.”

After a year long treatment, Aisha was moved to the maintenance stage and returned home. Now 19, she has resumed her studies and wants to become a software engineer. Her parents are thankful to the staff of TIH, who helped them in these difficult times.

# SAVING LIVES THROUGH HEALING & HOPE

"It was tough. I was depressed after I lost my first baby during a full-term pregnancy. I was angry at myself and angrier at the doctors for not doing enough. Why didn't they diagnose my gestational diabetes in time? Why didn't we opt for a better hospital? These questions kept on haunting me.

I got pregnant again, but this time I was scared, and I didn't want to lose another baby. As much as I hoped for a better outcome, fate had other plans. I developed complications again and was rushed to The Indus Hospital in Muzaffargarh.

I believe I was fortunate enough to land here, as the staff did everything in their power to

save my baby and me. I remember walking in the hospital with a feeling of terror that soon transformed into a sense of comfort.

The level of care and consideration provided to me was unconditional. With the blessings of the Almighty, I safely delivered a healthy baby boy. A thank you wouldn't suffice, but that's all I can say right now," Saba, a resident from Muzaffargarh, Punjab.



# SPONSOR A PATIENT

ZAKAT APPLICABLE

CAD 25

- ▶ PATIENT'S VISIT  
WITH DIAGNOSTICS

CAD 250

- ▶ CHILD BIRTH  
(C-SECTION)

CAD 3,500

- ▶ BYPASS  
HEART SURGERY

CAD 50

- ▶ DIALYSIS SESSION

CAD 1,200

- ▶ ARTIFICIAL LIMB

CAD 4,500

- ▶ ORTHOPEDIC  
IMPLANT(KNEE/HIP)

CAD 125

- ▶ CHILD BIRTH  
(NORMAL DELIVERY)

CAD 1,800

- ▶ ANGIOPLASTY

CAD 6,000

- ▶ CANCER TREATMENT  
FOR A CHILD



# DONATION PLEDGE FORM

Date

Every contribution you make goes towards treating some of the most deserving patients from all across Pakistan and enabling them to live a healthy life.

Indus Development Foundation (IDF) is a Canadian charity registered with the Canada Revenue Agency. Join us in our mission and help us reduce health disparities and improve health outcomes for disadvantaged communities. All donations given to IDF are eligible for tax deduction.

## ► PERSONAL INFORMATION

Title	<input type="text"/>	Full Name	<input type="text"/>		
Address	<input type="text"/>				
	<input type="text"/>			Post Code	<input type="text"/>
Phone	<input type="text"/>		E-mail	<input type="text"/>	
Communication preference (for donation receipt, report and appeal etc.)					
<input type="radio"/> Post <input type="radio"/> Email <input type="radio"/> Phone <input type="radio"/> SMS					

## ► MY DONATION / PLEDGE

Project(s)	<input type="text"/>				
Amount	<input type="text" value="CAD"/>	<input type="radio"/> Zakat	<input type="radio"/> Sadqah	<input type="radio"/> Sadqah Jariyah	<input type="radio"/> Donation
Payment Method	<input type="radio"/> Cash <input type="radio"/> Cheque <input type="radio"/> Card <input type="radio"/> In-kind <input type="radio"/> Multiple				

► CREDIT CARD NUMBER

Exp. Date

CCV Code

Issue No. (if any)

► OTHER WAYS TO GIVE

You can donate Zakat and general donations to Indus Hospital & Health Network through Indus Development Foundation

- ☐ Donate Online
- ☐ Paypal: **Indus Development Foundation**
- ☐ Donate via Interac E transfer: info@indushospital.ca
- ☐ Donation Matching Program
- ☐ Check:  
Payable to "Indus Development Foundation"  
mailed to the following address:  
**Suite 302, 2233 Argentia Road Mississauga, ON L5N 2X7**



SCAN CODE TO DONATE ONLINE  
[www.indushospital.ca/donation](http://www.indushospital.ca/donation)

FOR OFFICE USE ONLY

Volunteer/Staff Name

Checked by

Payment Reference

Receipt

Follow up

Closed

*Note: All information provided on this form will remain confidential as set out in our privacy policy at [www.indushospital.ca](http://www.indushospital.ca)*





**INDUS**

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