



INDUS

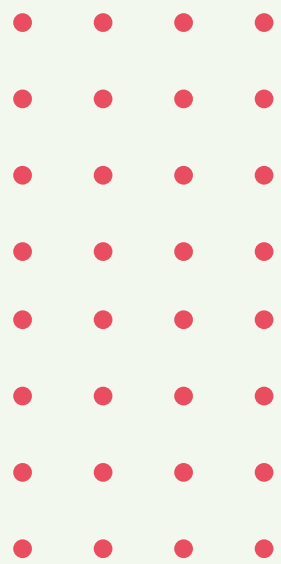
DEVELOPMENT FOUNDATION

Indus Hospital & Health Network (IHHN)

RESTORING CHILDHOODS

PAEDIATRIC ONCOLOGY
Impact Report 2022





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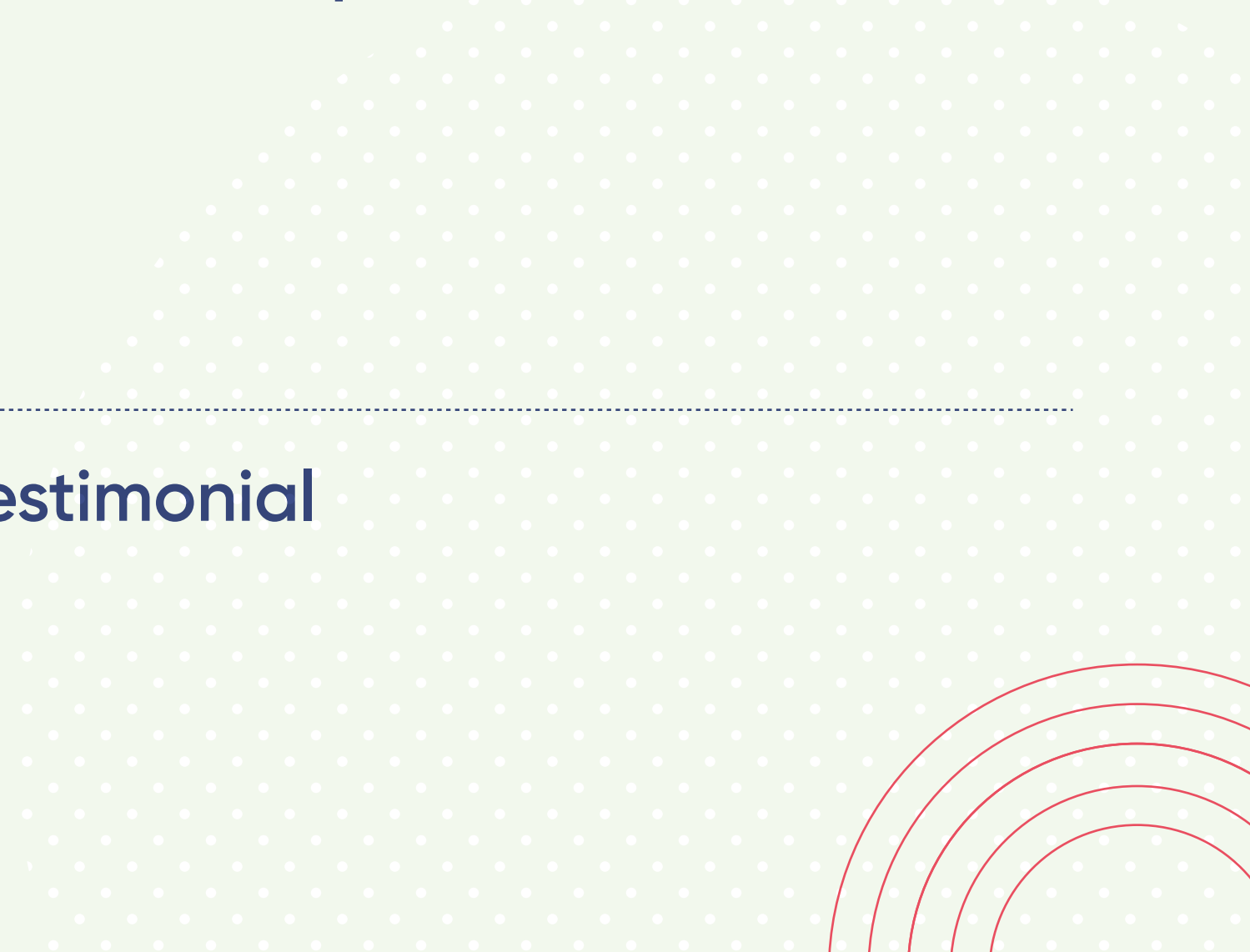
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CHILDHOOD CANCER INCIDENCE IN PAKISTAN

Every year
10,000
children are
expected to get
diagnosed with
cancer in Pakistan



Approx.
45%
of children do not
have access
to treatment



Over
70%
patients do not
recover or survive
after 5 years



Pakistan has a
low cancer
survival rate of
35%,
in contrast to 80%
in the developed world



IHHN'S GOALS

01

Increase the cancer survival rate in Pakistan to 70% by 2030

02

Create awareness in the general public to improve early diagnosis and decrease treatment abandonment

03

Decrease infection rate and preventable causes of mortality in childhood cancer patients

04

Establish outreach units across Pakistan and increase access to specialised care in remote areas

05

Expand Psychosocial Services in IHHN Campuses across Pakistan



IHHN'S IMPACT

22,830+
**Chemo sessions
administered**

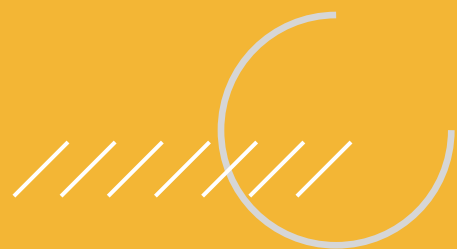
**in 2022*

1,270+
**Mental Health
sessions
conducted**

**in 2022*

12,000+
**Patients
Benefited**

**till date*



THE IMPACT OF YOUR GENEROSITY

helps IHHN achieve its SDGs

01

NO POVERTY



Financial protection from dilapidating illnesses like cancer reduces poverty incidence.

03

GOOD HEALTH
AND WELL-BEING



Providing free-of-cost quality treatment enables achievement of health-related targets.

04

QUALITY EDUCATION



Paediatric school for children with cancer to continue education while being treated ensures no child is left behind.

10

GENDER EQUALITY



IHHN treats patients with equality regardless of age, gender, race, financial status, and ethnicity.

IHHN'S INTERVENTION



CLINICAL

IHHN has one of the largest childhood cancer units in Pakistan with a capacity of 85 beds. The sub-specialty services include Leukemia, Lymphomas, Solid tumors, Neuro-oncology, and Palliative care. It regularly administers chemotherapy sessions in cancer patients with surgeries if required. IHHN receives patients from all over Pakistan and neighboring countries.



OUTREACH

IHHN makes a concerted effort to reduce the financial burden of travel and relocation on patients through two novel approaches. It facilitates the treatment of patients at hospitals in various cities across Pakistan to ensure easy access to treatment. It also conducts training and knowledge-sharing programs to equip hospitals to deal with childhood cancer patients independently.



PSYCHOSOCIAL

IHHN recognizes children's learning, cognitive development, and mental wellbeing are very critical for the overall patient care and recovery process. IHHN has a dedicated psychosocial counselling program to cater to the mental health needs of patients and their families.





FIGHTING THE BIGGEST MATCH OF HIS LIFE - SAIM'S JOURNEY

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It was a pleasant Saturday morning and seventeen-year-old Saim was preparing for a football match at his school in Karachi. Little did he know his life was about to change forever.

In the middle of the training, he was struck by a severe, throbbing pain in his back. Unable to comprehend what was happening to him, he collapsed on the field and was sent home right away. Saim's father examined his back hoping the pain is only a result of his physical activity. To his horror, he felt a lump on Saim's back and immediately rushed him to the nearest hospital. Belonging to a lower-middle-class family, Saim's father collected whatever money he had saved for his son's school fees and took him for some tests. Finally, Saim received a diagnosis that changed his life forever. He had Bone Cancer.

Saim's family began to scramble for his treatment. But the response they received from doctors was very disheartening. "They told us the chances of survival are negligible for my son. And their hefty fees meant even if we wanted to take our chances we couldn't afford to."

"The family was devastated and desperate. Here was their only son, so young and full of potential and they were on the edge of losing him."

Finally, Allah (SWT) listened to their prayers and they found out about Indus Hospital & Health Network's free of charge cancer treatment. Saim was admitted immediately and started treatment.

During treatment, Saim would spend his time looking at other patients' stories on his phone. "I would scroll through Indus's website. Watch videos of cancer survivors. It gave me hope in the darkest time of my life. When I had long chemotherapy sessions, I remember I felt utterly hopeless. But Nafisa and Hadia Baji (counselors at Indus) would always be there for me."

After a year of treatment, Saim was declared cancer free! He is now studying Pre-Engineering and hopes to take his parents for Hajj one day. He and his family are grateful to Indus Hospital for providing free cancer treatment to him.

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Indus Development Foundation

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